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### 9th International Conference on

# Addiction & Psychiatry

November 12-13, 2018 Dubai, UAE



University of Bath, UK

### Complementary approaches to food addiction & compulsive food behaviours



#### **Biography**

Nicola Beer is the Founder of the Marriage Makeover and Pure Peace Coaching which focuses on eating peacefully. She is a co-author of 4 international best-seller books. Currently she runs an Eating Disorder Support group in Dubai. She is a UK Certifed in NLP coaching, Grief and Loss Recovery, Hypnotherapy, Addiction coaching. She has also completed several courses in Transpersonal Counseling and Psychology and Emotional Psychosomatic Body Work. She has completed her BSc in Sociology from the University of Bath, UK.

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**Notes:**