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Dementia and the cycle of role reversal: Always a matriarch

1 D R P L / L O O \ Duke University, USA

My grandmother is an 88-year-old African American woman with dementia. My project seeks to explore the role dementia has played within my family, speci cally, how the cycle of role reversal has shaped the matriarch position my grandmother once held within my family.

Discussion:Topic will be facilitated by my grandmother, her children and grandchildren. Literary works include publications that focus on dementia as a symptom and dementia as it pertains to the role of caretakers. ese works were used to demonstrat di erences between written text and what it means to face dementia outside of text. e nal project will take the form of a documentary that seeks to capture the emotions and realities my family has had to face as a result of my grandmother condition. e documentary is di erent from a paper because in many ways, it serves as a case study that helps to build personality and impact. is personality and impact will ultimately help viewers paint an image of what life looks like for a person with dementia and how the conditions that are attributed to dementia, impact surrounding individuals (i.e. family).

Conclusion: e documentary will be guided by the recognition of a role reversal and re ections on memories before and a er my grandma's condition began and continued to worsen. ese memories help to allow individuals to recognize the changes dementia can have on what may be considered a person's everyday routine. ese memories will also help viewers connect to the content due to the raw nature of the responses given by interviewees and the unfortunate realities dementia presents. ese answers help to paint the image of a matriarch and a change in the hierarchal roles within the family at large.

Notes:

Biography