

Physium System: Negative pulse controlled pressure mecanotherapy profound fascial mobilization (PFM): Methodology, studies and cases

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Physium System (PFM) is a new physiotherapy method to treat chronic pain of myofascial origin, joint or caused by fibrosis, preventing the patient coming or late much in doing so. Designed and developed in Spain in the last 8 years. It is a binomial between a methodology-valuation system and a controlled dose applicator device. It is a deep mechanotherapy of tissues, based on the controlled application of intermittent negative pressure, which mobilizes different layers of tissue, from superficial to deep, compared with manual therapy and suction cups. Treatment protocols are applied depending on

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