

# Physiotherapy

October 13-15, 2016 Kuala Lumpur, Malaysia

## Effect of motor imagery of truncal exercises on trunk function and balance in early stroke: A randomized controlled trial

Reethu Elsa  
Manipal University, India

**Background:** Motor imagery (MI) is a mental practice technique that involves visualizing and mentally rehearsing a physical skill or movement. MI has been shown to be effective in improving motor learning and performance in various sports and rehabilitation settings. In the context of stroke rehabilitation, MI has been used to improve trunk function and balance. The present study aims to evaluate the effect of MI of truncal exercises on trunk function and balance in early stroke patients.