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JOINT EVENT

## 10th International Conference Childhood Obesity and Nutrition

## 2nd International Conference Metabolic and Bariatric Surgery

June 12-13, 2017 Rome, Italy

The evolution of aerobic activity on the level of IgA immunoglobulin in female teenager students

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Obesity is a major problem in many societies. One of the proposed solutions for the treatment of obesity is exercise. Exercise has complex e ects on immune system. One of most important immunoglobulin in mucus is IgA that protect the body against microorganisms. e aim of this study was to evaluate the e ect of aerobic exercise on the levels of IgA and total protein in salivary of female teenager students. 20 female healthy volunteer students (age 12-13) without any infection, using drug, cardiovascular disease

Notes: