11<sup>th</sup> International Conference on

## Childhood Obesity and Nutrit on

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## Expression of chronic in fammatory markers in South Carolinian children

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The increased number overweight and obese children in the United States and speci cally South Carolina can be linked to several factors which include but are not limited to nutrition, socioeconomic status and access to health care. Obesity is a major health concern as it is a precursor to many diseases in children; obesity can lead to numerous health complications such as diabetes, high blood pressure, chronic in ammation and carcinogenesis. erefore, saliva samples from two di erent counties (Chester eld county and Newberry county) with varying degrees of rurality (rural vs. very rural) were analyzed to determine if obesity and/or high fat in ammatory diets contribute to increased levels of pro-in ammatory markers and obesity related genes in children ages 2-19. Based on a review of literature, a list of 12 genes was grouped according to their degree of in ammation into two categories either chronic or acute. e DNA collected from the participants was used to detect expression levels of chronic in ammation markers (IL-16, IL-12b chronic and SAA2). e procedure involved extracting RNA from samples collected, followed by reverse transcription a er which a PCR (Polymerase Chain Reaction) was used to investigate gene expression. Increased expression was found in participants that ate high fat/proin ammatory diets, irrespective of weight class (normal, overweight, obese). Project is ongoing and data is still being collected.

## Biography

Cancer Biology. She has been actively engaged in research for the past four years.

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