

Toric orthokeratology contact lenses for patients with corneal elevation differences

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Orthokeratology is a well-established process by which the corneal surface is reshaped in order to correct refractive ametropia through the use of specific contact lens designs. Orthokeratology lenses are reverse geometry lenses specially designed to have very low clearance over the pupil. These designs are comprised of different zones to either provide treatment or stabilize the lens and can be organized into two broad categories: corneal refractive therapy (CRT, Paragon vision sciences, Inc.) or vision shaping treatment (VST, Bausch + Lomb). This lecture will review fundamentals in orthokeratology as well as troubleshooting common problems faced in practice. The presentation will then discuss more advanced design options available to apply ortho-k fitting to more patients by focusing on toric designs as well as describing other ways of customizing a fit. This will be done through discussion of elevation data obtained through a corneal topographer including how to measure the values and apply it when designing an orthokeratology lens. Topographical data is critical in understanding the shape of a patient's corneal surface and thereby designing an appropriately fitting contact lens. Topographical maps will be discussed and analyzed to explain how to troubleshoot different problems and guide custom lens design.

References:

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Biography

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