

7th World Congress on
Nursing Education & Research
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39th Global Nursing Care & Patient Safety

\$ QDUUDWLYH UHYLHZ PHQWDO KHDOWK LQ WKH
Covid-19

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&29,' KDV UDSLGO\ VSUHDG DFURVV WKH ZRUOG DQG EHRPH
WKH OLYHV RI SHRSOH DOO RYHU WKH ZRUOG 6RPH RI WKH GH
diseases like this, are physical isolation and social distancing. The quarantine is an unpleasant experience
WKDW SURKLELWV WKH XVXDO DFWLYLW\ DQG KDV DGYHUVH HU

0HWKRGV

)RU WKLV UHYLHZ ZH VHDFKHG WKURXJK 3XE0HG DQG *RRJOH
RI DUWLFOHV ZKLFK ZHUH UHOHYDQW WR WKH VXEMHFW RI F
IXOO WH[W DQDO\VLV DUWLFOHV ZHUH LQFOXGHG LQ WKH ¿Q

5HVXOWV

5HYLHZ RI DOO DUWLFOHV VKRZHG WKDW WKHUH ZDV HYLGHQ
LVRODWLRQ RQ ZHOE EHLQJ DQG PHQWDO KHDOWK LQFUHDVH
like fear and panic. Beyond stress induced by the illness itself, stay-at-home orders and quarantine are
QHZ WR WKH SRSXODWLRQ DQG PDNH WKHP ZRUU\ \$FFRUGLQJ
harm caused by isolation, some are more vulnerable such as children and adolescents, elderly, females and
people with pre-existing mental health conditions.

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