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### Energy alterations in morbid Obese patients and the risks involved when using bariatric surgery

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Introduction: Morbid obesity is classifed when the body mass index is 40 Kg/m2 or more. Surgery is one of the treatments used nowadays to reduce weight of these patients. The purpose of this study is to demonstrate that patients with morbid obesity have energy deficiency inside the five internal massive organs according to traditional Chinese medicine and these organs are responsible for the production of internal energy and one of these functions were to allow the normal fow of blood inside the blood vessels. The reduction of all these organs energy will reduce the vital energy, including the energy to keep the blood fowing inside the blood vessels and the use of medications used in the anaesthesia will drop even more this vital energy and can lead to many complications such as thrombosis in any part of the body or even death of this patient.

Methods: through one case report of 56 years-old male patient with BMI > 45 Kg/m2. He was submitted to bariatric surgery and one month after the surgery, he evolves to mesenteric thrombosis and need to do the resection of the large amount of intestine. He went to my clinic after this surgery to treat low back pain. I measured his internal five massive organs energy. Results: showed that all organs (Liver, Heart, Spleen, Lungs and Kidney) were in the lowest level of energy, rated one out of eight. The treatment consisted in Chinese dietary counselling, auricular acupuncture with apex ear bloodletting and systemic acupuncture and replenishing the internal massive organs using highly diluted medications according to the theory Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine and crystal-based medications.

The conclusion of this study: It is that patient with morbid obesity have energy deficiency inside the five internal massive organs responsible for the production of internal energy to keep our health in a balance state. The use of bariatric surgery in this kind of patient will cause a more energy reduction and causing more propensities to have any kind of thrombosis in any part of the body or even death of this patient, due to energy deficiency of this patient prior to the surgery. The treatment of this condition of energy deficiency prior to the surgery is of paramount importance on these days to reduce the complications associated with morbid obesity and bariatric surgery.

#### **Biography**

Huang Wei Ling, born in Taiwan, raised and graduated in medicine in Brazil, specialist in infectious and parasitic diseases, General Practitioner and Parenteral and Enteral Medical Nutrition Therapist. Once in charge of the Hospital Infection Control Service of the City of Franca's General Hospital, she was responsible for the control of all prescribed antimicrobial medication and received an award for the best paper presented at the Brazilian Hospital Infection Control Congress (1998). Since 1997, she works with the approach and treatment of all chronic diseases in a holistic way, with treatment guided through teachings of Traditional Chinese Medicine and Hippocrates.

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