

Energy drinks combined with alcohol in adolescence

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Statement of the problem: The high caffeine, high sugar, and high caloric content of energy drinks have drawn professionals' concern. Energy drinks have been linked to unhealthy dietary behaviors, obesity, and mental health problems in adolescents. The psychoactive and stimulant effects of energy drinks are particularly worrisome when combined with alcohol which should be further examined. Methodology & Theoretical Orientation: Data from the Croatian representative sample of Health Behavior in School-aged Children were analyzed. Anonymous a