

A Case of a 13 Year-Old Female with Eating Disorder, Insulin Dependent Diabetes Mellitus and Major Depression: Abroad Review of the Literature

Muhammad Puri^{*}, and Jay Littlefield

Bergen Regional Medical Center, 230 E Ridgewood Av, Paramus, New Jersey, USA

***Corresponding author:** Muhammad Puri, Bergen Regional Medical Center, 230 E Ridgewood Av, Paramus, New Jersey, USA, Tel: 2566656437; E-mail: mpuri@bergenregional.com

Received date: May 01, 2014, **Accepted date:** June 06, 2014, **Published date:** June 13, 2014

Copyright: © 2014 Puri M, et al. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

Introduction

Eating disorder not otherwise specified (EDNOS), with insulin dependent diabetes mellitus (IDDM), and major depressive disorder (MDD) in a 13 year old patient can be very complicated and in this case report we define the need for multidimensional approach with integrative behavioral methods towards the treatment of this subgroup of patients. According to the Diagnostic and Statistical Manual of Mental Disorders, [1] major depressive disorder is defined as a depressed mood or a loss of interest or pleasure in daily activities. Five or more of the following symptoms must be present over the course of

ursRt -

moved from state to state for 3 years to avoid being caught. During this time, the patient passed out in school and was taken to the hospital and diagnosed with insulin dependent diabetes mellitus. The patient's father was not compliant with her insulin and her blood glucose levels, and was reportedly selling the patient's insulin needles for drug money. The father physically and abused the patient during this time,

- 9 American Diabetes Association (ADA): Standards of medical care in diabetes-2011. *Diabetes Care* 34:11-61.
- 10 Carter FA, Jordan J, McIntosh VV, Luty SE, McKenzie JM, et al. (2011) The long-term efficacy of three psychotherapies for anorexia nervosa: a randomized, controlled trial. *Int J Eat Disord* 44: 647-654
11. Calugi S, E Ghoch M, Conti M, Dalle Grave R (2014). Depression and treatment outcome in anorexia nervosa. *Psychiatry Res*
12. Wade TD, Frayne A, Edwards SA, Robertson T, Gilchrist P (2009) Motivational change in an inpatient anorexia nervosa population and implications for treatment. *Aust N Z J Psychiatry* 43: 235-243
13. Brauhardt A, de Zwaan M, Hilbert A (2014) The therapeutic process in psychological treatments for eating disorders: A systematic review. *Int J Eat Disord*.
14. Pilecki MW, Józefk B, Salapa K (2013) [The relationship between