

# A Meta-analysis of Foot Care Education's Impact on Diabetes Patients' Self-Efficacy and Self-Care

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## Commentary

Diabetes is a chronic disease that affects millions of people worldwide. It is a leading cause of blindness, kidney failure, and heart disease. Foot care is an essential part of diabetes management, and education is a key component of foot care. This meta-analysis examines the impact of foot care education on diabetes patients' self-efficacy and self-care.

The meta-analysis included 10 studies that examined the impact of foot care education on diabetes patients' self-efficacy and self-care. The studies were published between 2010 and 2021. The meta-analysis found that foot care education significantly improved diabetes patients' self-efficacy and self-care.

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