



A Short Note on Mental Health in Child Health

Brady Jamaica*

Department of Education, University of Catania, Catania, Italy

Commentary

Research in child and adolescent mental health has increased significantly in the last few decades. This is due to the growing awareness of the importance of mental health in child health. The aim of this short note is to highlight the importance of mental health in child health and to provide some practical suggestions for how to improve mental health in children.

***Corresponding author:** Brady Jamaica, Department of Education, University of Catania, Catania, Italy, E-mail: jamaicabrad@edu.it

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