

## Advancements in POCT Technology: From Traditional Diagnostics to Smart Devices

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### Abstract

Point-of-Care Testing (POCT) has emerged as a transformative approach in healthcare, enabling rapid diagnostic testing at or near the site of patient care. This article explores the advancements in POCT technology, tracing the evolution from traditional diagnostic methods to innovative smart devices. Key developments in miniaturization, microfluidics, and connectivity are highlighted, along with their implications for clinical practice. The methodology section reviews various POCT formats, including lateral flow assays, microfluidic devices, and smartphone-integrated tests. The discussion examines the benefits, challenges, and future directions of POCT, emphasizing the importance of regulatory compliance, data management, and integration into healthcare systems. By providing a comprehensive overview of advancements in POCT technology, this article underscores its potential to enhance patient outcomes and streamline healthcare delivery.

**Keywords:** Point-of-Care Testing (POCT); Smart Devices; Data Management; Microfluidics; Lateral Flow Assays; Traditional Diagnostics; Healthcare; Innovation.

### Introduction

Point-of-Care Testing (POCT) represents a significant advancement in diagnostic technology, enabling rapid and accurate testing at the site of patient care. This article explores the evolution of POCT from traditional diagnostic methods to innovative smart devices, highlighting key developments in miniaturization, microfluidics, and connectivity. The methodology section reviews various POCT formats, including lateral flow assays, microfluidic devices, and smartphone-integrated tests. The discussion examines the benefits, challenges, and future directions of POCT, emphasizing the importance of regulatory compliance, data management, and integration into healthcare systems. By providing a comprehensive overview of advancements in POCT technology, this article underscores its potential to enhance patient outcomes and streamline healthcare delivery.

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