



Introduction

Bariatric medical procedure, otherwise called weight reduction medical procedure, is a surgery performed on individuals who are heavily or seriously overweight. By restricting food intake or lowering the amount of calories absorbed by the body, the surgery aims to assist patients in losing weight.

Gastric bypass, sleeve gastrectomy, and adjustable gastric banding are some of the options for bariatric surgery. The reduction of a patient's weight is the common objective of all of these approaches, despite the fact that they employ distinct methods and strategies.

Patients who have a body mass index (BMI) of more than 40 or who also have health issues related to obesity, such as diabetes, high blood pressure, or sleep apnea, are typically candidates for bariatric surgery. Although the surgery is generally regarded as safe and effective, it is not a quick fix for weight loss and requires significant lifestyle adjustments to sustain success over time.

According to a study, the amount of weight lost after bariatric