Short Communication Open Access

## Anterior Approach for Ultrasound-Guided Pudendal Block

St George's Hospital, London, UK

 $\mathbf{K} \ \mathbf{W}$  .  $\mathbf{N} \ e \ e \ block; Analge \ ia; \mathbb{P} \ dendal; \mathbb{P} \ ain$ 

 $\mathbf{I}_{1}$ 

A dendal ne e block i a afe al e na i e o ca dal anae he ia o o ide anae he ia and/o analge ia fo he e ine m. I can be con ide ed fo a a ie of clinical indica ion in gene al ge , ob e ic , olog and ch onic ain. e dendal ne e block ha e ol ed ince i de c i ion i h e ec o echni e ( o o co , ne o im la ion and l a o nd) and ana omic efe ence H i o icall he dendal ne e block a e fo med b geon and ob e ician , b ha g ad all gone o of fa o , a he block a no al a eliable.

e el ic oo con i of m cle , ligamen and fa cia o fo m a hammock ha o he abdomino- el ic i ce a a he ba e of he el i . I i com o ed of la e of m cle ha connec he an e io and o e io el ic ing and can be e a a ed in o he e cial and dee oo . e e cial el ic oo incl de he b lbo ongio , i chioca e no , and e cial an e e e ine m cle . e dee an e e e ineo m cle i e en in he dee el ic oo , hich ha o majo com onen , he bo i ce al, (com o ed of he bococc ge and bo ec ali m cle ), and he iliococc geal m cle .

e majo m cle in he el ic oo i he le a o ani m cle and i in eg i la a ke ole in main enance of el ic o gan o . In omen, hi m cle com le on dhe ogeni al hia ha con ain he e h a, agina and anal canal.

In he e ineal a ea he e a e o iangle, he an e io o ogeni al iangle and o e io o anal iangle (Fig e 1). e la e al and medial bo de of an e io iangle a e com o ed of he i chioca e no and b lbo ongio m cle, and he ba e b he an e e e ineal m cle. e ba e of he o e io iangle i again he an e e e ineal m cle, i h he hinc e ani and ac o be o ligamen a he medial and la e al bo de e ec i el [1-3].

A an e e line co ing f om he i chial be o i ie h o gh he e ineal bod e he age fo e a a ing he o iangle.

U ogeni al o an e io iangle: hi e end f om he i chial be o i ie o he bic m h i . I con ain he oo of he c o m and eni in male and he l a of female .

Analo o e io iangle: hi e end f om he i chial be o i ie o he cocc I con ain he anal canal and i o i ce, he an .

e e ineal bod o he cen al endon of he e ine m, lie be een he agina and he an and com i e of b o i e and he e cial el ic oo m c la e. Fo man ea , a ho ha e a ed ha he le a o ani had d al inne a ion f om he dendal ne e and al o di ec b anche f om

Teresa Parras, St George's Hospital, London, UK, Tel: 00447776433710; E-mail: tparrasmaldonado@gmail.com

September 10, 2015; 10, 2016 February 04, 2016;

February

Parras T, Blanco R, Madhavan B (2016) Anterior Approach for Ultrasound-Guided Pudendal Block. J Pain Relief 5: 230. doi:10.4172/2167-0846.1000230

© 2016 Parras T, et al. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

e ineal m cle, bi, i chial ine, and he dendal a e.