



Chronic Illness on The Basis of Their Changed Living Circumstances

Markus Michael*

Abstract

Chronic illnesses or non-communicable diseases have become the leading cause of death, among adults in every country. It is expected that the number of these diseases will increase by 17% in the ten years. Globally one out of

terms of risk factors, therapy, and development, we will concentrate on those aspects of the illnesses that are significant and comparable.

There are several additional illnesses that might have an impact on, need, or lead to a similar outlook on life. We were able to contact these people because these four diseases are widespread in the medical field. Other patients who have one of these fatal illnesses could find this information useful. People with asthma and allergies experience physical and mental health problems. They encounter obstacles and must create plans to improve their capacity for everyday functioning. Anxiety and physical health can both be impacted by asthma and allergies. The study's goal was to pinpoint the components of chronic illness that might change a person's life, and this article discusses how chronic illness has affected the participants' perceptions of their own circumstances. The study focused on the kind of assistance that patients felt were beneficial and the people who offered it. The study also sought to categorize the many types of emotions that people with a chronic illness who were experiencing a life-altering condition could be feeling. The outcome might teach us more about what it's like to live with a chronic illness and how it affects those who have it every day.

The study focuses on four illnesses that can significantly alter both the physical and emotional course of a person's life [9, 10].

C

The outcomes revealed the participants' perspectives on life after being diagnosed with the chronic illness. They had to deal with the disease's effects on their way of life, and they saw having a chronic illness as a bad thing. Support from loved ones, friends, and medical experts was said to be generally useful in the new life circumstances.

Support was found for both everyday activities and emotions. The novel finding of this study was that job and hobbies were perceived as supportive. The participants and others in their social networks were very emotional as a result. Even when certain pleasant feelings, most notably hope, grew, the negative emotions remained prevalent and persisted.

References

- 1.