

Commentary about New Perspectives on Weight Loss in Obese Peruvian Patients

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Commentary

Obesity is a major health care issue into the morbidity resulting from this condition, another illnesses such as diabetes mellitus, arterial hypertension, and metabolic syndrome, among others [1]. Peru is a medium-income developing country and type 2 diabetes (T2DM) affects 7% of the population [2]. Although lifestyle modifications and medical therapy are the mainstays of management for obesity and T2DM, adequate glycemic control is difficult to achieve in most obese patients with T2DM [1].