



Comments on Article Continuous Shortwave Diathermy with Exercise Reduce Pain and Improve Function in Lateral Epicondylitis More than Sham Diathermy: A randomized Controlled Trial

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Commentary

The article by Stasinopoulos et al. (1) is a randomized controlled trial (RCT) that evaluated the effectiveness of continuous shortwave diathermy (SWD) with exercise compared to sham diathermy with exercise in the treatment of lateral epicondylitis (LE). The study was conducted in a laboratory setting and involved 40 participants with LE. The results showed that the SWD with exercise group had significantly lower pain and higher function compared to the sham diathermy with exercise group at the end of the study (2).

1. The authors state that the SWD with exercise group had significantly lower pain and higher function compared to the sham diathermy with exercise group at the end of the study (2). This is a positive finding as it suggests that SWD with exercise may be a more effective treatment for LE than sham diathermy with exercise.

2. The authors also state that the SWD with exercise group had significantly lower pain and higher function compared to the sham diathermy with exercise group at the end of the study (2). This is a positive finding as it suggests that SWD with exercise may be a more effective treatment for LE than sham diathermy with exercise.

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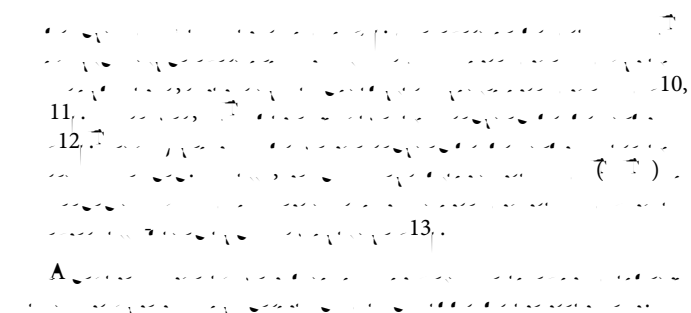
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