

## Community Based Nursing for Vulnerable Populations Addressing Social Economic and Health Inequities

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### Abstract

Community-based nursing plays a vital role in addressing the needs of vulnerable populations by providing accessible, patient-centered care in the communities where these individuals live. Vulnerable populations, including low-income individuals, racial and ethnic minorities, immigrants, the elderly, and people with chronic illnesses or delivery of healthcare services outside traditional hospital settings, emphasizing prevention, education, and the address these issues. It highlights the importance of a holistic, patient-centered approach that addresses not only clinical needs but also the social determinants of health.

### Socioeconomic disparities

Low-income individuals often struggle with the financial burden of healthcare costs. Lack of insurance, high out-of-pocket expenses, and limited access to employer-sponsored health plans make it difficult for these individuals to afford preventive care, medications, and necessary treatments for chronic conditions [4].

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that can compound and perpetuate health inequities. Some of the most pressing social, economic, and health challenges faced by these groups include:

### **Racial and ethnic inequities**

Racial and ethnic minorities often face discrimination in healthcare settings, resulting in poorer patient-provider relationships and lower-quality care. Cultural and language barriers can further hinder access to services, leading to delays in diagnosis, treatment, and follow-up care.

3.