

Comprehensive Post-Operative Care: Strategies for Effective Patient Management, Recovery Optimization and Complication Prevention Following Surgical Procedures

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Abstract

Effective pain management, infection prevention protocols, and patient education. Evidence demonstrates that complication rates. The role of nutrition and hydration in promoting healing is emphasized, alongside the significance

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adherence to protocols but also fosters a sense of ownership over their health. Ongoing refinement of post-operative care practices, informed by research and patient feedback, will be essential for achieving optimal recovery for diverse patient populations.

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Conflict of Interest

None

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