sprayed alcohol all over the body. His thoughts of uncertainty towards future

aged person during COVID-19 pandemic. Effective and well validated psychosocial measurement played a major role to enhance his mental wellbeing.

## References

- Torales J, O'Higgins M, Castaldelli-Maia JM, Ventriglio A (2020) The outbreak of COVID-19 coronavirus and its impact on global mental health. Int J Soc Psychiatry 66: 317-320.
- Ji D, Ji YJ, Duan XZ, Li WG, Sun ZQ, et al. (2017) Prevalence of psychological symptoms among Ebola survivors and healthcare workers during the 2014-2015 Ebola outbreak in Sierra Leone: A cross-sectional study. Oncotarget 8: 12784.
- Mohindra R, Ravaki R, Suri V, Bhalla A, Singh SM (2020) Issues relevant to mental health promotion in frontline health care providers managing quarantined/isolated COVID-19 patients. Asian J Psychiatr 51: 102084.
- Xiao H, Zhang Y, Kong D, Li S, Yang N (2020) Social capital and sleep quality in individuals who self-isolated for 14 days during the coronavirus disease 2019 (COVID-19) outbreak in January 2020 in China. Med Sci Monit 26: e923921-1.
- Xiang YT, Jin Y, Cheung T (2020) Joint international collaboration to combat mental health challenges during the coronavirus disease 2019 pandemic. JAMA Psychiatry 77: 989-990.

- Pieh C, O' Rourke T, Budimir S, Probst T (2020) Relationship quality and mental health during COVID-19 lockdown. PLoS One 15: e0238906.
- Hawryluck L, Gold WL, Robinson S, Pogorski S, Galea S, et al. (2004) SARS control and psychological effects of quarantine, Toronto, Canada. Emerg Infect Dis 10: 1206.
- Reynolds DL, Garay JR, Deamond SL, Moran MK, Gold W, et al. (2008) Understanding, compliance and psychological impact of the SARS quarantine experience. Epidemiol Infect 136: 997-1007.
- 9. American Psychological Association (2020) How to provide telehealth to older adults.
- Kurlander J, Kullgren J, Singer D, Solway E, Malani P, et al. (2019) National poll on healthy aging: Virtual visits: Telehealth and Older Adults.
- Sahoo S, Padhy SK, Ipsita J, MS9l poTS9int tboru indectivn ts mpaotuace. PJNsyc candemic. Cht@Phease PMnl: