

First Metatarsophalangeal Joint Osteoarthritis – A Clinical Review

Simon McSweeney^F

Institute of Health and Biomedical Innovation, Queensland University of Technology, Australia

Corresponding author: sc.mcsweeney@hdr.qut.edu.au

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include various arthritides, infections, tumors, vascular and neurologic abnormalities, as well as the complex pathologies associated with the diabetic foot [14]. Accordingly, some of the varied etiologies of first metatarsophalangeal joint osteoarthritis can incorporate the following: gout, rheumatoid arthritis, infectious arthritis, osteochondritis dissecans, first metatarsophalangeal joint sprain, first metatarsophalangeal joint synovitis and first metatarsal head trauma, Charcot's neuroarthropathy, stress fracture of the first metatarsal head, sesamoid pathology and osteomyelitis [10,15]. In more complex cases, clarifying the severity of first

UKI gā Ybġ acupuncture, intrinsic musculature strengthening applicable stretching regimes, electrotherapy, heat or cold therapy, both accommodative and customized foot orthoses [3,10,35]. Pharmacological treatment interventions may primarily constitute non-steroidal Ubl!ġb Ū a Ucfmor opioid drug prescription, intra-

