



From A Regulatory Standpoint, Clinical Pharmacokinetics: Existing Requirements and Future Views

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Introduction

Aside from typical pharmacokinetic studies in healthy volunteers, patients, and special subgroups, well-designed controlled studies using a wide range of dosages are required to produce credible dose-response curves for therapeutic and harmful effects. Lower doses often have a better risk/benefit ratio than those suggested. In high dose/concentration scenarios, secondary pharmacology of the drug and its active metabolites must be characterised in order to determine safety (adverse reactions and pharmacokinetic and pharmacodynamic drug-drug interactions) [1].

The enzyme systems responsible for a drug's metabolism must be identified, and then rational research of drug-drug and drug-disease interactions must be conducted, both in terms of efficacy and safety. During all phases of the drug's clinical development, factors responsible for changes in the functional expression of this enzyme system must be identified, and the safety and efficacy implications of these findings at the interethnic, inter-, and intraindividual levels must be thoroughly investigated. As a result, patient subgroup-specific dose regimens should be carefully developed to maximise the risk/benefit ratio for all patients [2-4].

Review

Because drugs act in a chiral environment, their pharmacokinetics and pharmacodynamics differ dramatically between enantiomers. It is important to look into the possibilities of interactions between a drug's enantiomers as well as enantioselective interactions. These should be thoroughly explored, and the choice to market a racemic combination or one of its enantiomers must be supported by scientific evidence.

Drug chirality now provides compelling reasons for bioactivation, pharmacogenetics, and stereochemical factors to be addressed in pharmacokinetic studies during drug development. Capecitabine is one of the fluoropyrimidine anticancer agents which is extensively used in the management of colorectal cancer. We have noticed a discrepancy between the doses we are using in our patients and the recommended dosing regimen. Thus, this study aims to assess the pharmacokinetic parameters of capecitabine and its metabolites in colorectal cancer patients and report some clinical outcomes.

which included physical examination, electrocardiogram (ECG) monitoring, chest X-ray test, and laboratory investigations (urinalysis, haematology, and serum biochemistry, serology, and pregnancy status) were carried out to confirm the eligibility of study participants. Screening and recruitment of study participants continued until

influenced by genetic variants encoding essential drug-metabolizing enzymes a er delivery. This article summarises recent case studies and examples of using pharmacokinetic screening approaches to reduce the financial and ethical burden of recruiting larger numbers of subjects in bioequivalence trials to perform pharmacokinetic studies for formulations of highly variable drug products without expanding bioequivalence acceptance limits [8].

Pharmacokinetic simulation was performed to predict the pharmacokinetic profile of Sinococuline on Days 03, 05, 08 and 09 at 200, 400, 600 and 800 mg TID doses of AQCH. Individual plasma concentration data of Sinococuline at 100 mg dose was used for model development of pharmacokinetic simulation. The simulation was done using Phoenix Modelling by Phoenix Win Nonlin Version 8.2 using compartmental modelling approach. A total of 1000 iterations were used during prediction of pharmacokinetic profile for different dose levels [9]. The list of adverse events following active treatment of AQCH tablets or placebo is listed in . AQCH tablets were well tolerated in all the 5 cohorts. There were no clinically significant findings in the vital signs assessment, 12-lead ECG recording or the laboratory tests in any of the subjects in the study. No subject had a maximum on-treatment . AQng Pr placrts. There were