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## Homeopathic Remedies for Respiratory Conditions

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## **Abstract**

Respiratory conditions, ranging from acute allergic reactions to chronic diseases such as asthma and chronic obstructive pulmonary disease (COPD), significantly impact global health. Homeopathy, a complementary therapeutic approach, of ers individualized treatment based on the principle of "like cures like" and the use of highly diluted remedies. This article reviews common homeopathic remedies for respiratory issues, including Allium cepa, Arsenicum album, and Hepar sulphuris, and their reported eff cacy in alleviating symptoms. Current research indicates that homeopathic treatments may improve quality of life and symptom management for patients with respiratory conditions, though methodological challenges remain. Further studies with robust designs are necessary to better understand the mechanisms and effectiveness of homeopathy in respiratory care. This review highlightm

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## Introduction

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Received: 01-Nov-2024, Manuscript No: jrm-24-149113; Editor assigned: 04-Nov-2024, PreQC No: jrm-24-149113(PQ); Reviewed: 18-Nov-2024, QC No: jrm-24-149113; Revised: 25-Nov-2024, Manuscript No: jrm-24-149113(R); Published: 30-Nov-2024, DOI: 10.4172/jrm.1000248

Citation: Jean B (2024) Homeopathic Remedies for Respiratory Conditions. J Respir Med 6: 248

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