

# Inconsistent Paternal Behavior Predicts Turkish Immigrant and German Children's and Adolescents Mental Health

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## Abstract

**Objective:** Data about Turkish immigrant fathers in Germany is scarce and it is not known how their parenting behavior may affect their children's outcomes. The aim of this longitudinal study was to test whether Turkish immigrant and German fathers' inconsistent discipline predicted their children's mental health.

**Methods:** Turkish immigrant (n=115) and German fathers (n=76) were administered the Inconsistent Discipline Scale items of the Alabama Parenting Questionnaire (APQ). One year later, fathers rated their children's (N=191; age range 6-16 years; n=97 (50.8%) male) mental health with the Strengths and Difficulties Questionnaire (SDQ).

**Results:** Inconsistent discipline predicted children's mental health.

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