National Institute of Health declares that anxiety and stress with	
Katpar, & Hussain, 2014). The IW thus acquired may help the individuals to withstand stress by utilization of hidden aptitudes for kocikpcvkxg. "gzekvkpi"cpf"rtqdng o "uqnxkpi" o gpvcn"rtqLekgpekgu"* Pc ."	

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