

Investigating Nutrition Education Resources, Obstacles, and Teachers' Nutrition Knowledge in California

Ron Thibault*

Department of Endocrinology-Diabetology-Nutrition, Home Parenteral Nutrition Centre, CHU Rennes, INRAE, INSERM, Univ Rennes, Nutrition Metabolisms and Cancer, NuMeCan, Rennes, France

Abstract

Nutrition education plays a critical role in promoting healthy eating habits and preventing chronic diseases among children and adolescents. However, limited research has been conducted on the availability of nutrition education resources, the barriers faced by teachers, and their level of nutrition knowledge in California. This article explores the challenges and opportunities for improving nutrition education in California schools to improved health outcomes among students in California [6].

Keywords:

Index:

Abstract:

Background:

Keywords:

***Corresponding author:** Ron Thibault, Department of Endocrinology-Diabetology-Nutrition, Home Parenteral Nutrition Centre, CHU Rennes, INRAE, INSERM, Univ Rennes, Nutrition Metabolisms and Cancer, NuMeCan, Rennes, France, E-mail: ronbault@chu-rennes.fr

Received: 30-June-2023, Manuscript No. snt-23-108724; **Editor assigned:** 03-July-2023, PreQC No. snt-23-108724(PQ); **Reviewed:** 17-July-2023, QC No. snt-23-108724; **Revised:** 24-July-2023, Manuscript No. snt-23-108724(R); **Published:** 31-July-2023, DOI: 10.4172/snt.1000214

Citation: Thibault R (2023) Investigating Nutrition Education Resources, Obstacles, and Teachers' Nutrition Knowledge in California. J Nutr Sci Res 8: 214.

Copyright: © 2023 Thibault R. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

14.

C c

Ac d

C c I

References

1. Bach Knudsen K, Munck L (1985) Dietary fibre contents and compositions of sorghum and sorghum-based foods. *J Cereal Sci* 3: 153-164.
2. Horwitz W (2000) Official Methods of Analysis of Aoac International, Agricultural Chemicals, Contaminants, Drugs. Aoac Intl 1.

3. Lamdande A G, Khabeer S T, Kulathooran R, Dasappa I (2018) Effect of replacement of sugar with jaggery on pasting properties of wheat flour, physico-sensory and storage characteristics of muffins. *J Food Sci Technol* 55: 3144-3153.
4. Singh G, Sehgal S (2008) Nutritional evaluation of laddoo prepared from popped pearl millet. *Nutrition & Food Sci* 38: 310-315.
5. Singh R, Singh K, Nain, M S (2021) Nutritional Evaluation and Storage Stability of Popped Pearl Millet Bar. *Curr Sci* 120: 1374.
6. Chabot F, Caron A, Laplante M, St-Pierre DH (2014) Interrelationships between ghrelin, insulin and glucose homeostasis: Physiological relevance. *World J Diabetes* 5: 328.
7. Pickup JC (2004) Inflammation and activated innate immunity in the pathogenesis of type 2 diabetes. *Diabetes care* 27: 813-823.
8. Vendrell J, Bekay RE, Peral B, García-Fuentes E, Megia A, et al. (2011). Study of the Potential Association of Adipose Tissue GLP-1 Receptor with Obesity and Insulin Resistance. *Endocrinology*. 152: 4072-4079.
9. Shigeto M, Katsura M, Matsuda M, Ohkuma S, Kaku K (2008)