

# Is it Possible to Determine Cardiorespiratory Fitness in Breast Cancer Survivors without Exercising?

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## Description

Over the last few decades, advances in screening and therapy have resulted in an increase in the number of breast cancer survivors. Breast cancer survivors are at a higher long-term risk for cardiovascular disease, in part due to shared risk factors and potential severe cardiac and vascular consequences of cancer therapy. Despite greater attention and better knowledge of the factors that support breast cancer survivors' elevated CVD risk, risk classification remains difficult. Impaired cardiorespir\_ lpiro ImpacSeIunr#and vabQ(aB sufi.