

---

# Late Advancement in Gastric Disease Avoidance: A Far Reaching Outline

**Robert Herrero\***

*Agencia Costarricense de Investigaciones Biomédicas, Fundación INCIENSA, Costa Rica*

## **Abstract**

This article provides a comprehensive overview of recent progress in gastric cancer prevention, highlighting key advancements in research, clinical practices, and public health initiatives. The recognition of *Helicobacter pylori* eradication as a major preventive measure, improvements in screening and early detection methods, lifestyle and dietary interventions, genetic insights, and the development of potential vaccines are discussed [1]. The integration of these multifaceted approaches into global healthcare strategies holds promise for reducing the incidence and impact of gastric cancer on a broader scale.

---

**\*Corresponding author:** Robert Herrero, Agencia Costarricense de Investigaciones Biomédicas, Fundación INCIENSA, Costa Rica, E-mail: robero@acibcr.com

**Received:**

eradication programs and the development of novel therapeutic

