

Perspective

The current perspective discusses the impact of digital health technologies on diabetes management. It highlights the role of mobile health applications, wearable devices, and telemedicine in improving patient adherence and clinical outcomes. The text emphasizes the need for standardized protocols and regulatory frameworks to ensure the safety and efficacy of these technologies. It also addresses the challenges of digital literacy and data privacy in diverse populations. The author concludes that digital health holds significant promise for transforming diabetes care, but its full potential can only be realized through collaborative efforts between clinicians, technologists, and patients.

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