

Keywords:

Introduction

Diabetes mellitus is a chronic metabolic disease characterized by hyperglycemia. It is a leading cause of morbidity and mortality worldwide. The prevalence of diabetes is increasing rapidly, and it is expected to become a major public health problem in the 21st century. The pathogenesis of diabetes is complex and involves both genetic and environmental factors. The most common form of diabetes is type 2 diabetes, which is characterized by insulin resistance and relative insulin deficiency. Type 1 diabetes is an autoimmune disease in which the immune system destroys the insulin-producing beta cells of the pancreas. Gestational diabetes is a form of diabetes that develops during pregnancy. The management of diabetes involves a combination of lifestyle modifications, oral medications, and insulin therapy. The goal of treatment is to achieve and maintain glycemic control to prevent complications. This review discusses the pathogenesis, diagnosis, and management of diabetes mellitus.

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