

Pregnancy, also known as gestation, is the period during which a woman's body develops one or more babies. Multiple pregnancies, such as twins, result in more than one child. Pregnancy is most commonly caused via sexual activity, however it can also be caused by assisted reproductive technology methods. A live birth, a spontaneous miscarriage, an induced abortion, or stillbirths are all possible outcomes of a pregnancy. Childbirth usually takes place around 40 weeks after the Last Menstrual Period began (LMP). It's just been a little more than nine months (gestational age). The length is around 38 weeks when using fertilization age. During the first eight weeks after fertilization (ten weeks' gestational age), an embryo is the developing progeny; after that, the term fetus is used until birth. Missed periods, sensitive breasts, morning sickness (nausea and vomiting), hunger, and frequent urination are all signs and symptoms of early pregnancy. A pregnancy test can be used to confirm your pregnancy [1].

Pregnancy is divided into three trimesters, each lasting around three months. Conception occurs during the first trimester, when the sperm