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Morbid Obesity and Its Link to Chronic Diseases

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Introduction

Mo into e i \mathbb{Z} hi h i de ned a haiter a Bod \mathbb{Z} Ma It de (BMI) of 40 o higher, i als e apaiter po a hearth i e a e iter minion of it di intarat di statistico po a hearth i e a e iter minion of it di intarat di statistico po a neo hoti di ea e. White o e i \mathbb{Z} i ha a e ized \mathbb{Z} e e od \mathbb{Z} fa, no into e i \mathbb{Z} a ie als e else ea e i of hearth ompti a ioth ha als e e e \mathbb{Z} dismits h o h fait \mathbb{Z} of if each if e e e als \mathbb{Z} e e a i hed other iother e eat no into e i \mathbb{Z} and hoti di ea e pats a a ie \mathbb{Z} of order ioth, it is the addition a parties e, \mathbb{Z} pe 2 dia e e, hope en ioth, and e e at form of als e. Re orderizing and the addition he e anoth hip i e ential for de enoption e e i e pe elsional di ea metal a acrie o add e heit ea inter pe a else of mo into e i \mathbb{Z} and i e enoption

e connection between morbid obesity and chronic diseases

Cardiovascular disease: One of he mo intri at heath i a o ia et i h mo it o e i \mathbb{Z} i a tio a pa ti ea e (CVD). In ti it at i h mo it o e i \mathbb{Z} a a a higher i of the expite hea era et of ti ion, it i time o of a \mathbb{Z} a e \mathbb{Z} ti ea e, hea a a , and o e. E e ot \mathbb{Z} fa ot i e o a io a tio a pa i fa o h a high 100 pe e, ere a et hore e or re er, and it rite e i at e. e a m raioto of a tipo e i e, pa i pa \mathbb{Z} i e arfa, erea e it amma o \mathbb{Z} ma e at tho mote ha at reat o et to heria \mathbb{T} to ion, ma it poot e er re e i reat mo e pote o a he o re o i (ha tetrity of hea e ie).

Type 2 diabetes: e più e eeu mo il o e i a al appe 2 lia ee i pa i pa ga a mile. Alipo e i e piag a iar ope il er pa ile ile di i i ga al ale e fa e pe iang a o ne he a lomen ale cal o ile nile ei ale e. A he o \mathbb{R} e ome pe e pola i e o ile nile, pool re o e e er i e, e riter ile gape 2 lia ee [2]. S lie ho ha a irei ale pe el are of ile il il appe 2 lia ee [2]. S lie ho ha a irei ale pe el are of ile il ile ar ile mo il o e i gap o ha e pella e o lia ee, hier ile he re heel fo ile e el ion aimel a eine manaremete o pe el o ole or hi ole il ion.

Hypertension: High 100⁴ pe e, o hape et iota, i ato he h otai otaliiota orimota a o ia et i h mo it o e i a e e e eich it ea e he o 100⁴ ot hehea atal he 100⁴ e e; reality o high pool pe e e e e: Atalii iota atal he ho motar atal it amma o a hat e a o ia et i h o e i a ato i e o he te eiopmet of hape et iota. E e i e mataremet of eich at o et 100⁴ o imp o et 100⁴ pe e ot o, et ity he i of hea ti ea eatal o e[3].

Sleep apnea and respiratory issues: Mo i^H o e i \mathbb{N} i a iri at i fa o fo o i e reepaptea (OSA), a othi iot ha a e ize^H \mathbb{N} epea e^H it e piot it ea hite^H ite reep. E e of \mathbb{N} eigh, e pe iar state e piot it ea hite^H ite reep. E e of \mathbb{N} eigh, e pe iar state e a ea, at o he ai as realitee opoo reep ar state it is ea eH Hastime fair e. Sreep aptea i a o ia eH if i me o hearth omph a iot, it i Hiter a Hio a ra porrem, me a ori state ome, at H eH eH ar stof rife [4]. Weigh ro ha eet ho is o impo e o e et e or e stop of reep aptea it mats state i H ar.

Joint problems and musculoskeletal disorders: e me habi at

e of a store e eich pae ichi an ain on he join, pai ia she hee, hip, and to e a i an tead o o eoa hii, a derene ai e join die a e ha a e pain, entry, and ed ed mo in s[5]. e eta ion hip e een mo id o e i stand join po tead a i io ster, a troi ed mo id stand hest at a i is f he e a e aiter eich rain and i a o ia ed heath i e [6].

Cancer risks: Re ea h ha it⁴li a e⁴la otyra o ia iote e eet mo i⁴l o e i a at a at it ea e⁴l i of e e at ape of at e, it i this ea , orote et dome iat, at a pate ea i at e [7]. e the start me hat i measure of e h ote it amma iote, ho mote hat e, at a the i at e ha a e enero h at pointe a iote. Maite ait is heat ha e enero h at pointe a iote. Maite ait is a heat ha e enero h at pointe a iter at e i at a impositor o e an heat ho ome [8].

Conclusion

e tilt e eel mo i⁴ o e i Bah⁴ h ohi ⁴i ea e i ompte at ⁴ m tifa e e⁴, i h e to impli a ioh fo ih ⁴i i⁴ a theath at ⁴ p ti heath B em. A he pe at e of mo i⁴ o e i B oh it e o i e to at B i i impe a i e o e or hize he i i at ote ha eich matagement pab it pe els ite at ⁴ matagriter h ohi othiota. If e els ioh fo ite oh heath B eather, er ta ph B i at a i i Bat ⁴ e ha io at hat e a e ethiat fo at the iter of e i B at the a of a etheath i

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Acknowledgement

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Con ict of Interest

None

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References