



## **Musculoskeletal Disorders: Prevalence and Associated Factors**

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### **Introduction**

Musculoskeletal disorders (MSDs) are widespread and increasing occupational health problems in the workplace worldwide. The causes of work-related MSDs are usually multifactorial including physical, ergonomic, and psychosocial factor [1]. MSDs usually occur in workers who have excessive repetition, awkward postures, and heavy lifting. The International Labour Organization (ILO) and the World Health Organization (WHO) regard MSDs as a work-related disease, which is also referred to

MSDs have a huge impact on work-related absence and a high proportion of days lost is due to MSDs. Therefore, it not only affects the health of workers but also creates a burden on the health system, on the business

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