



inappropriate in this situation [9].

The research participants' citations of GWG guidelines differ from one another and from those of the IOM. This may be partially attributed to the lack of relevant GWG recommendations for Ethiopia, which forces obstetricians to rely on a range of foreign resources, including books and websites. In contrast, the majority of midwives only identified a goal weight gain for women of average weight, and there was disagreement among midwives over how much GWG was