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Introduction

Oral health is very important for human body to be healthy and well-being, ideal with the disease and condition in dental field. Poor oral health can lead to gum, cavity in teeth, disease related to gum etc. in fact, the disease and cavity can lead to cancer. If the observed nine percent age of the school children are suffering from dental cavity this is a very serious problem.

dentist, need an abnormality in mouth he may perform biopsy. Biopsy means a small piece of tissue removed from the growth and inserted into a laboratory to check for cancer cells. Coming to the oral cancer, there are different types of parts included, such as gum, tongue, mouth, lip, cheek, floor of the mouth and the main reason for the oral cancer is the tobacco usage and it is the major risk factor. Oral health is very important because oral health related to overall body health. Children should have a healthy mouth can help to maintain the overall body health. If there is any problem regarding the mouth it is interlinked to the inflammation of the lining of the heart, low birth weight, premature birth. Bacteria present in the mouth can spread from mouth to bloodstream which is very dangerous to health which is life threatening. There are different kinds of remedies like root canal, probiotic, brushing, crown, sealant, antibiotic, fluoride remedies, cleaning etc. There are natural ways to prevent oral health. Examples are oil pulling, eating mineral rich food, clean tongue, don't eat refined sugar, eat food that protect enamel, avoid grinding of the teeth,