



Osteocartilaginous Exostosis: Types and Symptoms

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A subungual exostosis (SE) is a bony overgrowth that is permanently attached to the tip of the distal phalanx. Its pathology differs from osteocartilaginous exostoses in that it mainly involves the overgrowth of normal bone, which

it's called a pump bump, any type of shoe with a rigid back can cause this irritation [7].

Hip:

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