

# Journal of Respiratory Medicine

## Patients Breathing exercises potential role with controlled mild to moderate asthma

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### Introduction

Controlling for complex interventions is methodologically difficult but it is necessary to provide a comparable control group. The purpose of this study was to evaluate the potential role of breathing exercises in patients with controlled mild to moderate asthma.

although it remains possible that subjects responding to the study invitation were in some way more sympathetic and susceptible to such approaches..

**Acknowledgement**

None

**Conflict of Interest**

None

**References**

1. Gergianaki I, Bortoluzzi A, Bertias G (2018) Update on the epidemiology, risk factors, and disease outcomes of systemic lupus erythematosus. Best Pract