Open Access

**Keywords:** Endocrine; Immune checkpoint inhibitors; Diagnostic approaches; Clinical management; Side e ects; Treatment options

## Introduction

e advent of immune checkpoint inhibitors (ICIs) has revolutionized cancer treatment [1,2], o ering new hope for patients with various malignancies. While these therapies have shown remarkable e cacy in enhancing antitumor immune responses, they are not without their challenges. One signi cant issue that has emerged is the development of endocrine complications, which can range from thyroid dysfunction to adrenal insu ciency and beyond. Understanding and managing these endocrine side e ects are crucial for optimizing patient care and treatment outcomes. Early detection and appropriate intervention can prevent serious complications and allow patients to continue bene ting from ICI therapy. aims to provide a comprehensive guide on diagnosing and managing endocrine complications associated with ICIs. We will discuss the clinical presentation [3], diagnostic procedures, and treatment strategies tailored to address these speci c challenges. By equipping healthcare professionals with this knowledge, we hope to improve the quality of care for patients receiving immune checkpoint inhibitor therapy.

## **Materials and Methods**

is review is structured as a comprehensive analysis of existing literature, clinical guidelines, and expert recommendations on the management of endocrine complications induced by immune checkpoint inhibitors [4]. A systematic literature search was conducted

Citation: Ansupa P (2024) Practical Approaches to Endocrine Side Efects of Immune Checkpoint Inhibitors: Diagnosis and Clinical Interventions. J Obes Weight Loss Ther 14: 674.

Page 2 of 2