



Primary Health Care: A Comprehensive Overview

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**Abstract
case studies.**

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Introduction

Primary Health Care (PHC) is a cornerstone of the health care system, focusing on the promotion of health, prevention of disease, and the early identification and treatment of health problems. This comprehensive overview explores the various components of PHC, including community-based care, patient education, and the role of primary care providers. The article also discusses the challenges and opportunities in implementing PHC in different settings and populations.

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