Psychosocial Issues and Sleep Quality among Seafarers: A Mixed Methods Study

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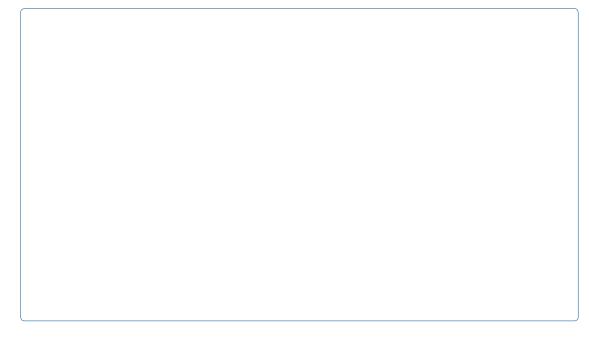
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Background

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Ù|^^]&æà} [{ & iai^•kæ}åk [{ { { `}i&æai[}k•@[`]åkàdk[}•ia factors for seafarers' psychosocial well-being at sea. We recommend that shipping compani to tackle with such psychosocial challenges on board.

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Materials and Methods

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Qualitative Phase

Data collection and participants

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Coding and analysis

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Conclusion

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Limitations and Strengths of the Study

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List of Abbreviations:

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