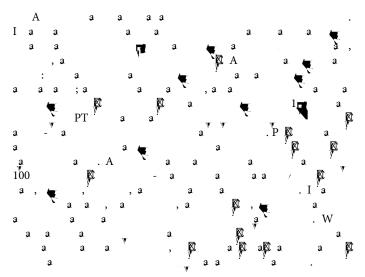
Editorial Open Access

## Introduction

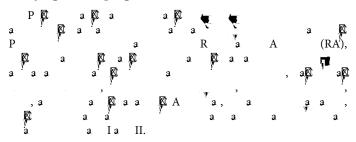


# Physiotherapy modalities in arthritis management

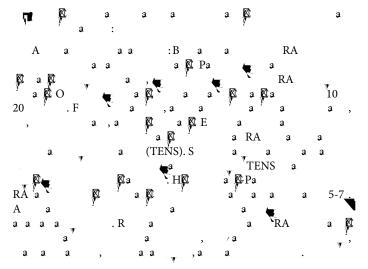
## **Exercise therapy**



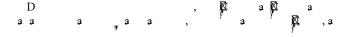
### **Delaying disease progression**

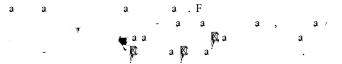


#### Physiotherapy modalities in treating rheumatoid joint pain

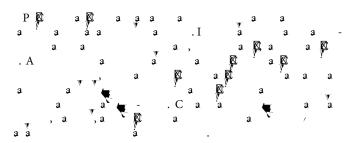


#### Challenges and future directions





#### Conclusion



#### References

- Danny B, Ronald MC, Matthew EM, Nelson H, Abigail K (2021) Quantity and Quality of Physical Medicine and Rehabilitation Clerkships in US Medical Schools. Am J Phys Med Rehabil 100: 1152-1159.
- Marcel PD (2020) The Archivesof Physical Medicine and Rehabilitation at 100: Its Development Set in Historical Context. Arch Phys Med Rehabil 101: 374-381
- Richard C (2016) Physical medicine and rehabilitation--a relevant interdisciplinary speciality. Wien Med Wochenschr 166: 2-3.
- Walter RF, John C, Gerard EF (2019) The Value of Participating in International Physical Medicine and Rehabilitation. Am J Phys Med Rehabil 98: 945-946.
- Paolo C, Elena I, Aydan O, Carlotte K, Stefano N, et al. (2017) Evidence-based position paper on Physical and Rehabilitation Medicine (PRM) professional practice for people with obesity and related comorbidities. The European PRM position (UEMS PRM Section). Eur J Phys Rehabil Med 53: 611-624.
- James C, Michelle G, David JK (2014) The value of maintaining primary board certification in physical medicine and rehabilitation. PM R 6: 650-655.
- Carlotte K, Stefano N, Denise T, Walter F (2016) Cochrane Physical and Rehabilitation Medicine: Current State of Development and Next Steps. Am J Phys Med Rehabil 95: 235-238.