



Research progress on early mobilization of patients with intracerebral hemorrhage

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Background/Objective:

Intracerebral hemorrhage(ICH), the main subtype of stroke has the characteristics of acute onset, poor prognosis and high mortality. Early mobilization can reduce the incidence of complications in patients with ICH, improve their physiological functions and quality of life, and reduce health care costs. This review summarized and analyzed the related researches on early mobilization of ICH patients from several aspects (time to initiation, mobilization content, influencing factors and the effects of mobilization) to provide references for related researches and clinical practice.

Methods: Literature review.

Results:

Based on the characteristics of ICH, moving too early may cause patients' blood pressure fluctuations,