

# Review of Chinese Expert's Consensus on Exercise Rehabilitation for Stable Chronic Heart Failure

KUb[ '@\*UbX'G\Yb'M

Ö^]ælc { ^}ç[-ÄÖæ/âi[[[ \*ÉV[ } \*wâP[•]ææÉV[ } \*wâW)îç^!•îc ÉÜ@æ } \*@æâGÉ€€ / ÉÜÉÜÉÜ@â }æ

'7cffYgdcX]b[ 'Uih\cf. Lemin Wang, Department of Cardiology, Tongji Hospital, Tongji University, Shanghai 200065, P.R. China, E-mail: wanglemin2003@163.com

FYWY]jYX'XUhY. May 2, 2017; 5WYdYX'XUhY. June 5, 2017; DiV]g\YX'XUhY. June 12, 2017

7cdf][ \h. ©2017 Lemin Wang. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

## 5VghfUWh

Exercise rehabilitation for chronic heart failure (CHF) has been strongly recommended by international guidelines for its beneficial effects. As the CHF exercise rehabilitation in the initial stage of development in China, this paper