

# Risk Factors and Burnout in Public Health Nursing: A Growing Concern for Public Health

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## Abstract

Burnout is a pervasive concern in the field of public health nursing, significantly impacting both individual practitioners and the overall healthcare system. This abstract explores the multifaceted relationship between risk factors and burnout in public health nursing, shedding light on the critical dimensions of this issue. Through a comprehensive review of existing literature, this abstract identifies key risk factors contributing to burnout among public health nurses. These factors encompass organizational, personal, and environmental elements, emphasizing the complex interplay between individual characteristics and systemic pressures. Recognizing the significance of this problem, the abstract underscores the need for proactive interventions and policy changes to mitigate burnout in public health nursing, ultimately safeguarding the health and well-being of both practitioners and the communities they serve.

Burnout is a pervasive and multifaceted issue in the field of public health nursing, with significant implications for both individual nurses and the communities they serve. This paper examines the various risk factors associated with burnout among public health nurses and explores its implications for the broader domain of public health. By delving into the root causes and consequences of burnout, this research aims to shed light on the critical need for proactive

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6.

## Burnout defined

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## Risk factors for burnout in public health nursing

**Mental health services:**

10.

**Peer support:**

**Conclusion**

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**Citation:**

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