



## The Biologic Mechanism of Coffee as Skin Lightening Agent

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### Abstract:

Hyperpigmentation is one of disaster problem for women in this world. Many people try to get depigmentation agent for reducing hyperpigmentation from their skin. Coffee is a favorite drinking in the world. Many people love for drinking coffee. Coffee as food constituent has many components and many healthy benefit. Coffee is one of a natural ingredients agent that could act as lightening agent. So many people don't understand the biologic mechanism of coffee as lightening agent. They don't clearly understanding about it. So, the aim of this review study discuss the biologic mechanism of coffee as skin lightening agent

### Biography:

Dr. Rosa Lelyana is a Lecturer of Medicine Faculty, Diponegoro University, Semarang City, and Central Java, Indonesia. She has done her Doctoral Programme, Master programme and General Medicine. Dr. Rosa Lelyana serves as Editorial Board Member and Reviewer for several National and International journals. She published numerous articles in scientific journals, and she has sev-



eral books that have an ISBN. She received various prestigious awards like Professional Membership of Bioleagues Worldwide, etc. She has a speaker in many Congresses.

### Recent Publications:

1. Rosa Lelyana , J Asian Nat Prod Res. 2020
2. Rosa Lelyana , J Sci Food Agric. 2019
3. Rosa Lelyana, Biol Trace Elem Res. 2019
4. Rosa Lelyana , Environ Monit Assess. 2018
5. Rosa Lelyana , Ecotoxicol Environ Saf. 2018

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