



The Function of Physical Therapy Prior to and Following Hematopoietic Stem Cell Transplantation

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Abstract

Physical therapy, in the medical staff, has traditionally been promoted for restoring functional capacity and enhancing quality of life and the weight of post-transplant sequelae. This strategy must be tailored to the patient's needs. The American Society of Blood and Marrow Transplantation, and the Quality of Life Committee of the

Keywords:

Introduction

Physical therapy is an essential component of the multidisciplinary approach to the care of hematopoietic stem cell transplant (HSCT) recipients. The primary goals of physical therapy are to restore functional capacity, enhance quality of life, and reduce the weight of post-transplant sequelae. This strategy must be tailored to the patient's needs. The American Society of Blood and Marrow Transplantation, and the Quality of Life Committee of the

Consultation Pretransplant

Physical therapy consultation pretransplant is essential for assessing the patient's functional status and identifying areas of weakness. This allows for the development of a tailored physical therapy program that addresses the patient's specific needs. The American Society of Blood and Marrow Transplantation, and the Quality of Life Committee of the

Steroid Myopathy

Steroid myopathy is a common complication of HSCT, characterized by muscle weakness and atrophy. Physical therapy is essential for the management of steroid myopathy, as it helps to maintain muscle strength and function. The American Society of Blood and Marrow Transplantation, and the Quality of Life Committee of the

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