



is continually updated to encourage the adoption of “best practices,” such as those laid out by the IOM.

Communities Putting Prevention to Work (CPPW) was created by United States Department of Health and Human Services to tackle obesity and tobacco use; it provided funding to states and communities throughout the nation [9]. Healthy Maine Partnerships (HMPs) were coalitions established by the Maine Center for Disease Control and Prevention (Maine CDC) - in January 2001 to comprise the statewide public health infrastructure (i.e., county health departments). With funds from the CPPW, all 28 HMPs were invited to participate in NAP SACC intervention, with the condition that they could dedicate a qualified staff member to the project. The Maine CDC also awarded two subcontracts: one for an independent evaluation team and the other for training of the NAP SACC consultants and oversight and administrative responsibilities for the implementation (here forward: training and administration team).

Throughout the state, the program used the materials and followed the steps laid out by its designers with a unique dissemination plan





adopted in Maine. Nutrition and physical activity policies and offerings at center based childcare facilities have improved, especially in the nutrition arena. Physical activity has been harder to improve, though grant money provided to childcare centers via CPPW has helped many sites purchase playground equipment, and was ranked as a key aspect of the program - as were consultants.

We would recommend:

1. Resources should be made readily available and obvious for consultants and center directors.
2. Trainings should be offered more frequently and regionally, as staff tends to turn over.
3. Workshop materials should be reviewed and edited as needed for Maine clientele.
4. A web-portal should be created for consultants, and another forum created for centers to network.
5. Create or provide a "parent training" for centers to use.
6. Inclusion of home based childcare centers.
7. Opportunities for networking with other daycare centers regarding nutrition education and physical activity.

al. (2013) Factors influencing the adoption, implementation, and continuation

influencing perceived sustainability of Dutch community health programs.