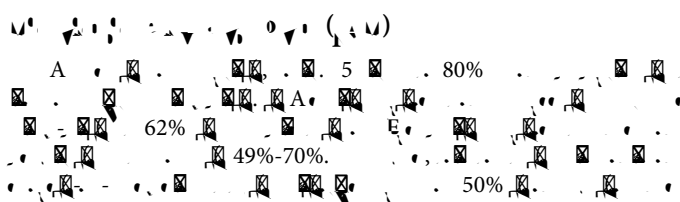


Abstract

Background: Work-hardening, contributes to an individual's Quality of Life and their ability to return to work.

Objectives: This study aimed to determine whether a work-hardening programme reduces the pain levels and

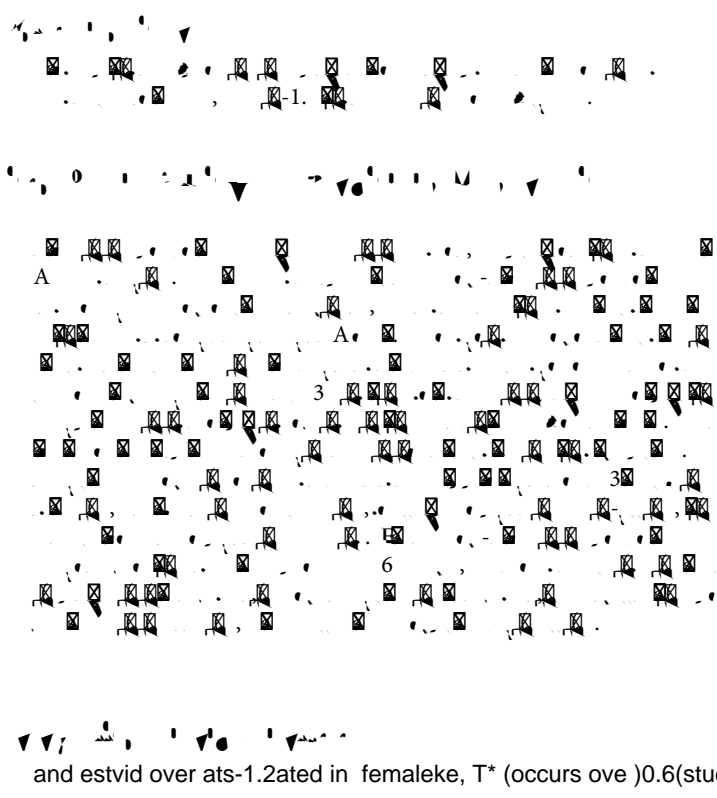


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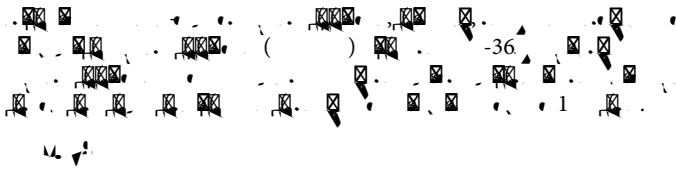
Received: 4-Apr-2022, Manuscript No: omha-22-59107; **Editor assigned:** 6-Apr-2022, PreQC No: omha-22-59107 (PQ); **Reviewed:** 20-Apr-2022, QC No: omha-22-59107; **Revised:** 22-Apr-2022, Manuscript No: omha-22-59107 (R); **Published:** 29-Apr-2022, DOI: 10.4172/2329-6879.1000405

Citation: Khuabi LAJN, Cloete GB, and Soeker M (2022) The Quality of Life of Individuals with Chronic Lower Back Pain after the Completion of a Work Hardening Programme in Cape Town, South Africa: A Pilot Study. *Occup Med Health* 10: 405.

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